



Palmer House Hilton
17 E Monroe St.
Chicago, Illinois

2014 IPPS Basics Course

Thursday, October 23, 2014

2014 IPPS Research Course

Thursday, October 23, 2014

**2014 IPPS Annual Fall Meeting on
Chronic Pelvic Pain**

Friday, October 24 – Saturday, October 25, 2014

**2014 IPPS Post-Conference Course:
New Perspectives from the Integrated
Systems Model for Women's Health**

Sunday, October 26, 2014

Featuring: Diane Lee, BSR, FCAMPT, CGIMS, RYT200

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Frank F. Tu, MD, MPH; Skokie, IL



**INTERNATIONAL PELVIC PAIN SOCIETY
2014 IPPS Annual Fall Meeting on Chronic Pelvic Pain
October 24 – 25, 2014 • Chicago, Illinois**



IPPS President Dr. Frank F. Tu welcomes you to the 2014 Annual Fall Meeting!

PROGRAM CO-CHAIRS



Sarah D. Fox, MD



Sawsan As-Sanie, MD, MPH

	WEDNESDAY, OCTOBER 22, 2014
4:00 p.m. – 6:00 p.m.	Registration/Information Desk Open <i>Location: Grand Ballroom Foyer</i>

	THURSDAY, OCTOBER 23, 2014
7:00 a.m. – 5:00 p.m.	Registration/Information Desk Open <i>Location: Grand Ballroom Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast <i>Location: State Ballroom</i>
10:00 a.m. – 6:30 p.m.	Exhibit Hall Open <i>Location: State Ballroom</i>
5:00 p.m. – 6:30 p.m.	Welcome Reception <i>Location: State Ballroom</i>
6:30 p.m. – 9:30 p.m.	IPPS Board of Directors Meeting <i>Location: Hancock Parlor</i>
8:00 a.m. – 5:00 p.m.	BASICS COURSE (Optional Concurrent Pre-Conference Session) <i>Location: Grand Ballroom</i>
8:00 a.m. – 8:30 a.m.	Introduction to the Physiology of Chronic Pain
8:30 a.m. – 9:00 a.m.	Evaluation of CPP: Essential Elements of the History & Gyn Exam
9:00 a.m. – 9:50 a.m.	Evaluation and Treatment of Musculoskeletal Causes of CPP
9:50 a.m. – 10:05 a.m.	Discussion
10:05 a.m. – 10:25 a.m.	Break
10:25 a.m. – 11:05 a.m.	Diagnosis and Treatment of Endometriosis and Other Utero-Ovarian Causes of CPP
11:05 a.m. – 11:45 a.m.	Diagnosis and Treatment of Vulvar Pain
11:45 a.m. – 12:00 p.m.	Discussion
12:00 p.m. – 1:00 p.m.	Lunch on Your Own
1:00 p.m. – 1:35 p.m.	Diagnosis and Treatment of Abdominal and Pelvic Peripheral Neuropathies
1:35 p.m. – 2:15 p.m.	Diagnosis and Treatment of Urologic Causes of CPP
2:15 p.m. – 2:50 p.m.	Diagnosis and Treatment of Functional Bowel Disorders
2:50 p.m. – 3:05 p.m.	Discussion
3:05 p.m. – 3:25 p.m.	Break
3:25 p.m. – 4:05 p.m.	Medical and Behavioral Therapies for Chronic Pain
4:05 p.m. – 4:45 p.m.	Psychological Aspects of Living with CPP: Evaluation and Treatment of Comorbid Anxiety and Depression
4:45 p.m. – 5:00 p.m.	Discussion
12:30 p.m. – 5:20 p.m.	RESEARCH COURSE (Optional Concurrent Pre-Conference Session) <i>Location: Spire Parlor</i>
12:30 p.m. – 12:45 p.m.	Welcome & Instructions and Faculty Introductions
12:45 p.m. – 1:20 p.m.	Study Design
1:20 p.m. – 2:00 p.m.	Measuring Pain Outcomes in Research
2:00 p.m. – 2:40 p.m.	How to Write a Good Paper
2:40 p.m. – 2:55 p.m.	Break
2:55 p.m. – 3:35 p.m.	The Basics of a Good Grant
3:35 p.m. – 4:35 p.m.	Work in Progress Round Tables and Q&A
4:35 p.m. – 5:05 p.m.	Where to Look for Funding
5:05 p.m. – 5:20 p.m.	Q&A and Closing

	FRIDAY, OCTOBER 24, 2014
7:00 a.m. – 5:00 p.m.	Registration/Information Desk Open <i>Location: Grand Ballroom Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast <i>Location: State Ballroom</i>
7:00 a.m. – 4:00 p.m.	Exhibit Hall Open <i>Location: State Ballroom</i>
7:50 a.m. – 7:55 a.m.	Welcome & Announcements
7:55 a.m. – 8:00 a.m.	Presidential Address
8:00 a.m. – 8:50 a.m.	C. Paul Perry Memorial Lecture: Creating Research Networks to Improve Outcomes in Pelvic Pain
8:50 a.m. – 9:30 a.m.	The Role of Combined Hormonal Contraceptives and Vulvodynia: Finally Putting This Controversy to Bed
9:30 a.m. – 9:45 a.m.	Q&A
9:45 a.m. – 10:15 a.m.	Break & Poster Viewing Session I <i>Location: State Ballroom</i>
10:15 a.m. – 10:55 a.m.	Injection Strategies for Chronic Pelvic Pain
10:55 a.m. – 11:35 a.m.	Surgical Mesh: Avoiding and Managing Complications
11:35 a.m. – 11:50 a.m.	Q&A
11:50 a.m. – 1:20 p.m.	Roundtable Lunch with Experts (Optional Event) <i>Location: Monroe Room</i>
11:50 a.m. – 1:20 p.m.	Lunch on Your Own
1:20 p.m. – 2:00 p.m.	The Role of Resilience in Chronic Pain
2:00 p.m. – 2:35 p.m.	Sexual Function in the Patient with Chronic Pelvic Pain
2:35 p.m. – 3:15 p.m.	Integrating Central Sensitization into Clinical Practice
3:15 p.m. – 3:30 p.m.	Q&A
3:30 p.m. – 4:00 p.m.	Break & Poster Viewing Session I <i>Location: State Ballroom</i>
4:00 p.m. – 4:25 p.m.	Journal Club: Endometriosis and Chronic Pelvic Pain: Is It All in Her Head? Unraveling Central Neural Mechanisms in Endometriosis and Chronic Pelvic Pain
4:25 p.m. – 4:50 p.m.	Journal Club: Pain Sensitivity and Psychosocial Factors in Female Pelvic Pain: Clinical Implications for Assessment and Treatment
4:50 p.m. – 5:00 p.m.	Q&A
5:00 p.m. – 6:00 p.m.	Poster Viewing Session II <i>Location: State Ballroom</i>
6:00 p.m. – 8:00 p.m.	2014 IPPS Fundraising Event <i>Location: Petterino's Restaurant, 150 N Dearborn St. Chicago, IL</i>

SATURDAY, OCTOBER 25, 2014	
7:00 a.m. – 5:30 p.m.	Registration/Information Desk Open <i>Location: Grand Ballroom Foyer</i>
6:15 a.m. – 7:15 a.m.	Yoga for Pelvic Pain <i>Location: Water Tower Parlor</i>
7:00 a.m. – 8:00 a.m.	Breakfast <i>Location: State Ballroom</i>
7:00 a.m. – 4:00 p.m.	Exhibit Hall Open <i>Location: State Ballroom</i>
7:50 a.m. – 8:00 a.m.	Welcome & Announcements
8:00 a.m. – 8:50 a.m.	James E. Carter Memorial Lecture: Imagine Your Pelvic Floor as a Twisted Door, How Well Would It Open & Close? New Perspectives from The Integrated Systems Model for Women's Health
8:50 a.m. – 9:35 a.m.	Functional Nausea and Vomiting
9:35 a.m. – 9:50 a.m.	Q&A
9:50 a.m. – 10:20 a.m.	Break & Poster Viewing Session II <i>Location: State Ballroom</i>
10:20 a.m. – 11:30 a.m.	Opioid Therapy in Chronic Pain Conditions: A Call for Sanity
11:30 a.m. – 11:50 a.m.	Q&A
11:50 a.m. – 1:05 p.m.	Lunch on Your Own
11:50 a.m. – 1:05 p.m.	Committee Fair <i>Location: Monroe Room</i>
1:05 p.m. – 1:50 p.m.	New Developments in the Management of Painful Bladder and Interstitial Cystitis
1:50 p.m. – 2:25 p.m.	A Non-Urologic Approach to Urologic Pelvic Pain
2:25 p.m. – 3:00 p.m.	Altered Brain Motor Control Networks in Men with CPP: A Trans-MAPP Neuroimaging Study
3:00 p.m. – 3:15 p.m.	Q&A
3:15 p.m. – 3:45 p.m.	Break
3:45 p.m. – 4:15 p.m.	Oral Abstract Sessions
4:15 p.m. – 4:30 p.m.	Q&A
4:30 p.m. – 4:45 p.m.	Meeting Awards
4:45 p.m. – 5:00 p.m.	Closing Remarks
5:00 p.m. – 5:30 p.m.	Annual Business Meeting

	SUNDAY, OCTOBER 26, 2014
7:00 a.m. – 3:00 p.m.	Registration/Information Desk Open <i>Location: Grand Ballroom Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast <i>Location: Grand Ballroom Foyer</i>
	POST-CONFERENCE COURSE <i>Location: Grand Ballroom</i>
8:00 a.m. – 9:30 a.m.	Lecture 1: Treating the Whole Person – The Integrated Systems Model for Pain & Disability (Lee & Lee) An Evidence-Based Approach to Optimize Strategies for Function and Performance
9:30 a.m. – 9:45 a.m.	Discussion
9:45 a.m. – 10:00 a.m.	Break
10:00 a.m. – 12:00 p.m.	Lecture 2: New Perspectives from The Integrated Systems Model for Treating Women with Pelvic Girdle Pain, Urinary Incontinence, Pelvic Organ Prolapse
12:00 p.m. – 12:15 p.m.	Discussion
12:15 p.m. – 1:00 p.m.	Light Lunch
1:00 p.m. – 3:00 p.m.	Lecture 3: Split Down the Middle? Diastasis Rectus Abdominis and the Implications for Form & Function of the Trunk After Pregnancy

	<u>Page #</u>
Schedule-at-a-Glance.....	2
Copyright Notice	6
Filming/Photography Statement	6
Disclaimer	6
Course Description	7
Needs Statement.....	7
Objectives	7
CME Accreditation	10
General Disclaimer	10
Special Assistance.....	10
AANP & IPTA Accreditation.....	11
Educational Grant Supporter, Exhibitors & Contributors	12
IPPS Board of Directors	13
Faculty Listing	14
Faculty Speaker Disclosures	16
Program Schedule	22
Biosketches	31
Abstracts	42
Presentations	76

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2014 IPPS Annual Fall Meeting on Chronic Pelvic Pain

Course Description

Welcome to the 2014 IPPS Annual Fall Meeting on Chronic Pelvic Pain. This year the program will include cutting-edge basic science and clinical research findings, as well as recommendations for the management of chronic pelvic pain (CPP) in male and female patients. Participants will also learn about avoiding common pitfalls in the management of CPP patients. The Basics Course has been designed to provide a foundation of knowledge about the etiology, diagnosis and management of CPP disorders. It also includes an overview of the neurophysiology and biopsychosocial elements involved in managing chronic pain. It is recommended that providers and researchers who are new to pelvic pain attend the Basics Course in order to get more out of the general meeting. New this year is a half-day Research Course, which will allow participants to learn from top researchers how to carry out high-quality research on CPP with a small budget. The small size of the Research Course will allow for interaction and collaboration. For providers who would like a more in-depth understanding of musculoskeletal, neurological and visceral causes of pelvic pain, the Post-Conference Course will provide an opportunity to master these subjects. The popular morning yoga session will return and the "Roundtable Lunch with the Experts" series has been expanded to cover new topics.

Needs

Chronic pelvic pain is a common and often debilitating syndrome. It is as common as asthma, yet most medical providers receive little or no education about managing the complex CPP patient. One study estimated only 10 percent of medical school graduates were prepared to treat CPP. The social, psychological and financial costs associated with treatments of these disorders are enormous. Many patients endure being misdiagnosed or receiving inappropriate treatment because of the practitioner's lack of knowledge on this subject. Tragically, this mismanagement may actually worsen a patient's pain. It is critical that health care providers receive education about factors that affect patient care and that researchers collaborate to produce high-quality outcomes-based studies on chronic pelvic pain disorders. Without exchange of clinical and research information across all disciplines encompassing the treatment of CPP, advances in treatment options for those patients will not be possible.

Educational Objectives

Basics Course & Case Studies

At the completion of this course, attendees should be able to:

- Identify principal somatic and visceral etiologies for pelvic pain.
- Construct a complete history and physical examination for diagnosing relevant factors in pelvic pain presentation.
- Recognize the availability of pharmacological, procedural and mind-centered techniques for treatment of pelvic pain.
- Describe evidence-based determination of pelvic pain diagnoses.
- Identify evidence-based medical and physical therapy treatment techniques for CPP.
- Review evidence-based management strategies that will be immediately applicable in the clinic.

2014 IPPS Annual Fall Meeting on Chronic Pelvic Pain

At the completion of this course, attendees should be able to:

- Describe three areas of a well-designed multi-site interventional research trial.
- List three challenges to avoid in designing a multi-site research trial.
- Submit to the IPPS leadership one resource that the learner could contribute to designing an IPPS Network for the study of chronic pelvic pain.
- Review data on combined hormonal contraception and vulvar pain.
- Identify patients who may be at risk for combined hormonal contraception.
- Describe strategies for managing patients with vulvar pain and contraceptive needs
- Identify diagnostic and therapeutic injections for the patient with CPP.
- Review the role of glucocorticoids and botulinum toxin in injections.
- Review common pitfalls in injections and strategies to maximize efficacy.
- To review the most updated understanding of the etiology of bladder pain.
- To discuss new developments in treatment of bladder pain.
- To lay out a sensible, cost-effective protocol for management of patients with painful bladder syndrome.
- Describe the neurobiological relationship between affective processes and physical pain.
- Discuss how positive affect can act as a resource for individuals with chronic pain.
- List several easy-to-implement interventions that can improve resilience and positive affect.
- Describe etiologies of sexual dysfunction in patients with chronic pelvic pain.
- Integrate medical and non-pharmacologic options into management of patients with sexual dysfunction and pelvic pain.
- Evaluate special considerations in the use of hormonal medications to manage sexual dysfunction.

- Assess evidence base for considering central pain mechanisms in pelvic pain.
- Integrate practical ways of integrating pain neuroscience into physical therapy.
- Describe the balance in treatment of tissue dysfunction and central pain mechanisms.
- Review the evidence that chronic pelvic pain is related to amplification of central nervous system pain processing.
- Describe changes in regional brain morphology associated with CPP.
- Prepare a conceptual model on how some but not all women with endometriosis develop chronic pelvic pain.
- Describe methods of assessing pelvic region pain sensitivity as part of assessment and/or in response to treatment.
- Identify common psychosocial factors that may negatively influence the pain experience and identify standardized measures to assess these factors.
- Identify The Integrated Systems Model for Disability & Pain and discuss how it can provide a framework for clinical reasoning in order to find the underlying driver for the patient's problem – whether this is pain, loss of function/performance, continence or other disabilities.
- Describe the role of the pelvic floor myofascial unit as it relates to the transference of loads through the trunk (including the pelvis-hip complex) as well as the maintenance of continence and pelvic organ support.
- Describe the impact of an intra-pelvic torsion on function of the pelvic floor muscle (PFM) and then how The Integrated Systems Model is used to determine what is driving (causing) the intra-pelvic torsion (i.e. the foot, the hip, the pelvis, the thorax, the cranium, etc.) and thus where to direct treatment.
- Identify published guidelines and practical experience in treating patients with functional nausea and vomiting.
- Differentiate organic cause from functional causes of nausea and vomiting.
- Describe methods of supportive management and preventive care.
- Explain the perspective of both sides of the risk benefit ratio of chronic opioid therapy.
- Integrate a 'moral compass' in this complicated and unguided area and develop a framework for ethical use of these powerful, important and risky drugs.
- Describe clinical presentations of mesh complications.
- Review methods to prevent these complications.
- Review conservative and surgical management of complications.
- Recognize vast differential diagnosis beyond end organ target.
- Identify causes or perpetrators by history and physical exam.
- Enhance confidence and compassion in caring for urologic chronic pelvic pain syndrome (UCPPS).
- Describe fundamental brain networks that regulate pelvic floor muscle activity.
- Identify how these networks may be affected by CPP.
- Explain the central and peripheral factors that could influence motor reorganization in the brain.

Research Course

Introduction to Research and Publication Methodology for Pain Research

Needs

Nearly 80 percent of gynecology research projects that get submitted for publication in peer-reviewed journals do not meet basic research methodology standards. Rigorous adherence to study design and the basics of journal publication are not consistently taught in Ob-Gyn training programs.

Educational Objectives

At the completion of this course, attendees should be able to:

- Review study designs including trials, cohort, case control and case series studies.
- Explain the importance of properly defining exposure and outcomes in research.
- Describe the basic requirements for publication in peer-reviewed journals.
- Identify the basic components of grant writing.
- List the available resources for funding pain research.
- Review projects of publications attendees present as work in progress.

Post-Conference Course

New Perspectives from The Integrated Systems Model for Women's Health

Needs

It is well known that the abdominal wall and pelvic floor play key roles in function of the trunk and that pregnancy and delivery can have significant long-lasting impact. Postnatal non-optimal strategies for the transference of loads through the trunk can create pain in a multitude of areas as well as affect the urinary continence mechanism and support of the pelvic organs.

The Integrated Systems Model for Disability & Pain (Lee & Lee), is a framework to help clinicians organize knowledge (evidence and experientially based) and develop clinical reasoning skills that subsequently facilitate best decisions for treatment. A key feature of this approach is Meaningful Task Analysis and Finding the Primary Driver. Briefly, this involves choosing tasks to assess that are relevant to the patient's story (meaningful to the patient's complaints and functional difficulties), assessing the whole body (strategy analysis of the task) to find the criminal (the driver), and then developing sound hypotheses as to how the criminal relates to its multiple victims.

Clinical reasoning of multiple findings and manual/visual assessment and treatment skills are emphasized in this course with plenty of discussion devoted to these two clinical practice tools. At the conclusion of this course, you will have a new perspective through the lens of The Integrated Systems Model of things to consider for restoring optimal form and function of the abdominal wall and pelvis floor after pregnancy.

Educational Objectives

At the completion of this course, attendees should be able to:

- Explain how dysfunction in any area of the trunk can be a primary underlying cause or significant contributing factor to common postpartum conditions such as pelvic girdle pain, pelvic organ prolapse, urinary incontinence and diastasis rectus abdominis.
- Illustrate how The Integrated Systems Model for Disability & Pain can provide a framework for knowledge organization and translation.
- Illustrate through clinical tests for the pelvis, hip and thorax how to determine whether or not a patient is using an optimal strategy for function and performance for their chosen task and when there are multiple sites of impairment, how to determine the 'primary driver' or impairment to be addressed first.
- Illustrate through clinical cases treatment techniques and movement training to release, align, connect and move the trunk/hips for restoration of form and function of the postnatal woman.
- Explain the behavior of the linea alba in nulliparous versus postnatal women with diastasis rectus abdominis that suggests when surgery (abdominoplasty and rectus plication) versus conservative treatment is indicated.

CME Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American College of Surgeons and the International Pelvic Pain Society. The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Surgeons designates this live activity for a maximum of **28.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Portions of the meeting are concurrent; therefore, it is not possible to obtain full credit for all programs listed:*

Annual Meeting

Maximum of **14.00 AMA PRA Category 1 Credits™**

Basics Course

Maximum of **7.25 AMA PRA Category 1 Credits™**

Research Course

Maximum of **4.75 AMA PRA Category 1 Credits™**

Post Conference Course

Maximum of **6.00 AMA PRA Category 1 Credits™**



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Special Assistance

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call **(847) 517-8712** if you require special assistance to fully participate in the meeting.

AANP Accreditation

This program is approved for **28.00** contact hour(s) of continuing education (which includes **1.25** hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 1408377. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.



Illinois Physical Therapy (IPTA) Credits

The Illinois Chapter Continuing Education Committee has approved this course according to the Criteria for Approval of Continuing Education offerings established by the Illinois Physical Therapy Association. The 2014 IPPS Annual Fall Meeting on Pelvic Pain has been accredited for a maximum of **28.00** Continuing Education hours.

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2014 IPPS Annual Fall Meeting Faculty Listing

Meryl J. Alappattu, PT, DPT, PhD
University of Florida Department of Physical Therapy
Gainesville, FL

Sawsan As-Sanie, MD, MPH
University of Michigan
Ann Arbor, MI

Abimbola Ayorinde, BSc, MSc
University of Aberdeen Institute of Applied Health Sciences
Aberdeen, United Kingdom

Amy Benjamin, MD
University of Rochester
Rochester, NY

Darren M. Brenner, MD
Northwestern University Feinberg School of Medicine
Chicago, IL

Charles W. Butrick, MD
The Urogynecology Center
Overland Park, KS

Mario Castellanos, MD
St. Joseph's Hospital and Medical Center
Phoenix, AZ

Thomas C. Chelimsky, MD
Medical College of Wisconsin
Milwaukee, WI

Gene Z. Chiao, MD
NorthShore University HealthSystem
Highland Park, IL

Mark Conway, MD
St. Joseph Hospital
Merrimack, NH

Bradford W. Fenton, MD, PhD
Summa Physicians
Akron, OH

Roger B. Fillingim, PhD
University of Florida College of Dentistry
Gainesville, FL

Colleen M. Fitzgerald, MD, MS
Loyola University Medical Center
Maywood, IL

Sarah D. Fox, MD
Women & Infant Hospital
Providence, RI

Stacey J. Futterman, PT, MPT, WCS
5 Point Physical Therapy
New York, NY

Adam Gafni-Kane, MD
NorthShore University HealthSystem
Skokie, IL

Andrew T. Goldstein, MD, IF, FACOG
The Centers for Vulvovaginal Disorders
Washington, DC

Jennifer Gunter, MD
Kaiser Medical Center
San Francisco, CA

R. Norman Harden, MD
Rehabilitation Institute of Chicago
Chicago, IL

Jennifer R. Harrington, PT, DPT, WCS, CLT
UNC Center for Rehabilitation Care
Chapel Hill, NC

Dee Hartmann, PT, DPT
Dee Hartmann Physical Therapy
Chicago, IL

Afton L. Hassett, PsyD
UM Chronic Pain and Fatigue Research Center
Ann Arbor, MI

Kumari A. Hobbs, MD, MSCR
New York Pelvic Pain and Minimally Invasive Gynecologic
Surgery
New York, NY

Fred M. Howard, MD, MS, FACOG
University of Rochester
Rochester, NY

Heather Jeffcoat, DPT
Fusion Wellness & Physical Therapy
Glendale, CA

Laurie Keefer, PhD
Northwestern University Feinberg School of Medicine
Chicago, IL

Khalid S. Khan, MMed, MRCOG, MSc, FCPS, MBBS
Barts and The London School of Medicine and Dentistry
London, UK

Jason J. Kutch, PhD
University of Southern California
Los Angeles, CA

Georgine Lamvu, MD, MPH, FACOG
Advanced Minimally Invasive Surgery and Gynecology
Orlando, FL

Diane Lee, BSR, FCAMPT, CGIMS
Diane Lee & Associates Consultants in Physiotherapy
South Surrey, British Columbia

Dustienne L. Miller, CYT, PT, MS, WCS
Flourish Physical Therapy
Boston, MA

Leah S. Millheiser, MD, FACOG, IF
Stanford University School of Medicine
Stanford, CA

Ruby H.N. Nguyen, PhD
University of Minnesota Division of Epidemiology &
Community Health
Minneapolis, MN

Ann L. Oldendorf, MD
University of Michigan Health System
Ann Arbor, MI

Christopher K. Payne, MD
Vista Urology & Pelvic Pain Partners
San Jose, CA

Jeannette M. Potts, MD
Vista Urology & Pelvic Pain Partners
San Jose, CA

Stephanie Prendergast, MPT
Pelvic Health and Rehabilitation Center
Los Angeles, CA

Andrea J. Rapkin, MD
UCLA School of Medicine
Los Angeles, CA

Tracy Sher, MPT, CSCS
Sher Pelvic Health and Healing
Orlando, FL

Hina Sheth, MS, PT, OCS, MTC
Rebalance Physical Therapy
Philadelphia, PA

Matthew Siedhoff, MD, MSCR
University of North Carolina
Chapel Hill, NC

Steven P. Stanos, Jr., DO
Workers Compensation Physician Practice, RIC
Chicago, IL

Amy Stein, DPT, BCB-PMD, IF
Beyond Basics Physical Therapy
New York, NY

Stephanie Thibault-Gagnon, BSc, PT
Queen's University
Kingston, Ontario

Frank F. Tu, MD, MPH
Skokie Hospital
Skokie, IL

M. Jean Uy-Kroh, MD
Cleveland Clinic
Cleveland, OH

Carolyn Vandyken, PT
The Centre for Pelvic Health, Lifemark Health
Cambridge, Ontario

Christin S. Veasley, BSc
Chronic Pain Research Alliance
N. Kingstown, RI

Juan Diego Villegas-Echeverri, MD
Clinica Comfamiliar
Pereira, Colombia

**IPPS Annual Fall Meeting on Chronic Pelvic Pain
October 24 – October 25, 2014
Chicago, IL**

In accordance with the ACCME Accreditation Criteria, the American College of Surgeons, as the accredited provider of this activity, must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. Therefore, it is mandatory that both the program planning committee and speakers complete disclosure forms. Members of the program committee were required to disclose **all** financial relationships and speakers were required to disclose any financial relationship **as it pertains to the content of the presentations**. The ACCME defines “commercial interest” as “any entity producing, marketing, re-selling or distributing health care goods or services consumed by, or used on, patients.” It does not consider providers of clinical service directly to patients to be commercial interests. The ACCME considers “relevant” financial relationships as financial transactions (in any amount) that may create a conflict of interest and occur within the 12 months preceding the time that the individual is being asked to assume a role controlling content of the educational activity.

ACS is also required, through our joint sponsorship partners, to manage any reported conflict and eliminate the potential for bias during the activity. All program committee members and speakers were contacted and the conflicts listed below have been managed to our satisfaction. However, if you perceive a bias during a session, please report the circumstances on the session evaluation form.

Please note we have advised the speakers that it is their responsibility to disclose at the start of their presentation if they will be describing the use of a device, product or drug that is not FDA approved or the off-label use of an approved device, product, or drug or unapproved usage.

The requirement for disclosure is not intended to imply any impropriety of such relationships, but simply to identify such relationships through full disclosure and to allow the audience to form its own judgments regarding the presentation.

CME Organizers

As-Sanie, MD, MPH, Sawsan

Tel: (734) 764-8429

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	NONE	NONE

Carey, MD, MSCR, Erin T.

Tel: (913) 588-6200

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	Teleflex	Honorarium X With Financial Interest

Fox, MD, Sarah D.

Tel: (401) 274-1122

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	NONE	NONE

Howard, MD, MS, FACOG, Fred M.

Tel: (585) 275-4004

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	NONE	NONE

Lamvu, MD, MPH, FACOG, Georgine

Tel: (407) 303-2780

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	NONE	NONE

CME Organizers (Con't)

Prendergast, MPT, Stephanie
Tel: (424) 293-2305

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

Stein, DPT, BCB-PMD, IF, Amy
Tel: (212) 354-2622

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

Tu, MD, MPH, Frank F.
Tel: (847) 677-1400

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>
Self	AbbVie
Self	AbbVie

<i>Relationship Involvement</i>	
Grant/Research Support	X With Financial Interest
Consultant/Advisor	X With Financial Interest

CME Presenters and/or Authors

Alappattu, PT, DPT, PhD, Meryl J.
Tel: (352) 665-2006

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

Ayorinde, BSc, MSc, Abimbola
Tel: +01224437118

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

Benjamin, MD, Amy
Tel: (585) 487-3420

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

Brenner, MD, Darren M.
Tel: (312) 695-5620

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>
Self	Forest/ Ironwood Pharmaceuticals
Self	Perrigo Pharmaceuticals
Self	Proctor and Gamble
Self	Salio Pharmaceuticals

<i>Relationship Involvement</i>	
Honorarium	X With Financial Interest

Butrick, MD, Charles W.
Tel: (913) 307-0044

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

Castellanos, MD, Mario
Tel: (602) 406-6017

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
 NONE

CME Presenters and/or Authors (Con't)

Chelimsky, MD, Thomas C.

Tel: (414) 805-5235

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Chiao, MD, Gene Z.

Tel: (847) 433-3460

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

Who's Involved
Self

Company
Ironwood Pharmaceuticals

Relationship Involvement
Honorarium X With Financial Interest

Conway, MD, Mark

Tel: (603) 883-3365

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Fenton, MD, PhD, Bradford W.

Tel: (330) 762-0954

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Fillingim, PhD, Roger B.

Tel: (352) 273-5963

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Fitzgerald, MD, Colleen M.

Tel: (708) 216-2170

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Futterman, MPT, PT, WCS, Stacey J.

Tel: (212) 226-2066

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Gafni-Kane, MD, Adam

Tel: (224) 251-2374

Who's Involved
Self

Company
None

Relationship Involvement
NONE

Goldstein, MD, IF, FACOG, Andrew T.

Tel: (202) 887-0568

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

Who's Involved
Self
Self
Self

Company
Emotional Brain, Inc.
Emotional Brain, Inc.
Emotional Brain, Inc.

Relationship Involvement
Stock Shareholder (directly purchased) X With Financial Interest
Grant/Research Support X With Financial Interest
Investigator X With Financial Interest

Gunter, MD, Jennifer

Tel: (415) 833-4076

Who's Involved
Self

Company
None

Relationship Involvement
NONE

CME Presenters and/or Authors (Con't)

Harden, MD, R. Norman

Tel: (312) 238-7800

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Harrington, PT, DPT, WCS, CLT, Jennifer

Tel: (919) 595-9641

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Hartmann, PT, DPT, Elizabeth Dee

Tel: (312) 650-5242

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Hassett, PsyD, Afton L.

Tel: (734) 936-4000

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

Who's Involved

Self

Company

Lexicon Pharmaceuticals

Relationship Involvement

Consultant

X

With Financial Interest

Hobbs, MD, Kumari A.

Tel: (845) 853-3113

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Jeffcoat, DPT, Heather

Tel: (310) 871-9554

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Keefer, PhD, Laurie

Tel: (312) 695-0076

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Khan, MRCOG, Khalid S.

Tel: 447 977-559415

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Kutch, PhD, Jason J.

Tel: (323) 442-2932

Who's Involved

Self

Company

None

Relationship Involvement

NONE

Lee, BSR, FCAMPT, CGIMS, Diane

Tel: 160 453-88338

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

Who's Involved

Self

Company

CCRE University of Queensland

Relationship Involvement

Consultant

X

With Financial Interest

CME Presenters and/or Authors (Con't)

Miller, MSPT, Dustienne L.

Tel: (413) 551-9394

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>		
Self	Yoga DVD's	Employee of a commercial interest organization	X	With Financial Interest

Millheiser, MD, Leah

Tel: (650) 725-5986

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>		
Self	Nuelle, Inc	Employee of a commercial interest organization	X	With Financial Interest

Nguyen, PhD, Ruby H.N.

Tel: (612) 626-7559

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	None	NONE

Oldendorf, MD, Ann L.

Tel: (734) 615-1262

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	None	NONE

Payne, MD, Christopher K.

Tel: (650) 723-3391

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>		
Self	Allergan	Honorarium	X	With Financial Interest
Self	Astellas	Honorarium	X	With Financial Interest
Self	New Pelvic Pain Technologies	Consultant	X	With Financial Interest

Potts, MD, Jeannette M.

Tel: (650) 996-3761

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>		
Self	New Pelvic Pain Technologies	Consultant	X	With Financial Interest

Rapkin, MD, Andrea

Tel: (310) 825-6963

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	None	NONE

Sher, MPT, CSCS, Tracy

Tel: (407) 257-1403

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	None	NONE

Sheth, MS, PT, OCS, MTC, Hina

Tel: (215) 546-0713

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	None	NONE

CME Presenters and/or Authors (Con't)

Siedhoff, MD, MSCR, Matthew

Tel: (917) 687-4094

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
NONE

Stanos, DO, Steven P.

Tel: (312) 238-7800

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	Collegium	Consultant X With Financial Interest
Self	Mallinckrodt	Consultant X With Financial Interest
Self	Matrix	Consultant X With Financial Interest
Self	Pfizer	Consultant X With Financial Interest
Self	Zogenix	Consultant X With Financial Interest

Thibault-Gagnon, BScPT, Stephanie

Tel: (613) 546-2487

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
NONE

Uy-Kroh, MD, M. Jean

Tel: (216) 444-0551

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
NONE

Vandyken, PT, Carolyn

Tel: (519) 624-8798

I, or my spouse/partner presently (within the past 12 months) have relevant financial relationships with a commercial interest(s) as identified below:

<i>Who's Involved</i>	<i>Company</i>	<i>Relationship Involvement</i>
Self	Author of patient education booklet "Why does Pelvic Pain Hurt?"	Other: X With Financial Interest

Veasley, BSc, Christin S.

Tel: (401) 316-2089

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
NONE

Villegas-Echeverri, MD, Juan Diego

Tel: 573315772

<i>Who's Involved</i>	<i>Company</i>
Self	None

Relationship Involvement
NONE

2014 IPPS Annual Fall Meeting Program Schedule

All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.

Wednesday, October 22, 2014

4:00 p.m. – 6:00 p.m. **Registration/Information Desk Open**
Location: Grand Ballroom Foyer

Thursday, October 23, 2014

7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Grand Ballroom Foyer

7:00 a.m. – 8:00 a.m. **Breakfast**
Location: State Ballroom

10:00 a.m. – 6:30 p.m. **Exhibit Hall Open**
Location: State Ballroom

BASICS COURSE 8:00 a.m. – 5:00 p.m. (Optional Concurrent Pre-Conference Session)

8:00 a.m. – 8:30 a.m. **Introduction to the Physiology of Chronic Pain**
Bradford W. Fenton, MD, PhD
*Summa Physicians
Akron, OH*

8:30 a.m. – 9:00 a.m. **Evaluation of CPP: Essential Elements of the History & Gyn Exam**
M. Jean Uy-Kroh, MD
*Cleveland Clinic
Cleveland, OH*

9:00 a.m. – 9:50 a.m. **Evaluation and Treatment of Musculoskeletal Causes of CPP**
Kumari A. Hobbs, MD, MSCR
*New York Pelvic Pain & Minimally Invasive Gynecologic Surgery
New York, NY*

Jennifer R. Harrington, PT, DPT, WCS, CLT
*UNC Center for Rehabilitation Care
Chapel Hill, NC*

9:50 a.m. – 10:05 a.m. **Discussion**

10:05 a.m. – 10:25 a.m. **Break**

10:25 a.m. – 11:05 a.m. **Diagnosis & Treatment of Endometriosis and Other Utero-Ovarian Causes of CPP**
Matthew Siedhoff, MD, MSCR
*University of North Carolina
Chapel Hill, NC*

11:05 a.m. – 11:45 a.m. **Diagnosis and Treatment of Vulvar Pain**
Andrea J. Rapkin, MD
*UCLA School of Medicine
Los Angeles, CA*

All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.

- 11:45 a.m. – 12:00 p.m. **Discussion**
- 12:00 p.m. – 1:00 p.m. **Lunch on Your Own**
- 1:00 p.m. – 1:35 p.m. **Diagnosis and Treatment of Abdominal and Pelvic Peripheral Neuropathies**
Mario Castellanos, MD
St. Joseph's Hospital and Medical Center
Phoenix, AZ
- 1:35 p.m. – 2:15 p.m. **Diagnosis and Treatment of Urologic Causes of CPP**
Ann L. Oldendorf, MD
University of Michigan Health System
Ann Arbor, MI
- 2:15 p.m. – 2:50 p.m. **Diagnosis and Treatment of Functional Bowel Disorders**
Darren M. Brenner, MD
Northwestern University Feinberg School of Medicine
Chicago, IL
- 2:50 p.m. – 3:05 p.m. **Discussion**
- 3:05 p.m. – 3:25 p.m. **Break**
- 3:25 p.m. – 4:05 p.m. **Medical and Behavioral Therapies for Chronic Pain**
Steven P. Stanos, Jr., DO
Workers Compensation Physician Practice, RIC
Chicago, IL
- 4:05 p.m. – 4:45 p.m. **Psychological Aspects of Living with CPP: Evaluation and Treatment of Comorbid Anxiety and Depression**
Laurie Keefer, PhD
Northwestern University Feinberg School of Medicine
Chicago, IL
- 4:45 p.m. – 5:00 p.m. **Discussion**

RESEARCH COURSE 12:30 p.m. – 5:20 p.m. (Optional Concurrent Pre-Conference Session)

Introduction to Research and Publication Methodology for Pain Research
Located in the Spire Parlor

- 12:30 p.m. – 12:45 p.m. **Welcome & Instructions and Faculty Introductions**
Georgine Lamvu, MD, MPH, FACOG
Advanced Minimally Invasive Surgery and Gynecology
Orlando, FL
- 12:45 p.m. – 1:20 p.m. **Study Design**
Georgine Lamvu, MD, MPH, FACOG
Advanced Minimally Invasive Surgery and Gynecology
Orlando, FL

*All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.*

- 5:00 p.m. – 6:30 p.m. **Welcome Reception**
Location: State Ballroom
- 6:30 p.m. – 9:30 p.m. **IPPS Board of Directors Meeting**
Location: Hancock Parlor

Friday, October 24, 2014

- 7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Grand Ballroom Foyer
- 7:00 a.m. – 8:00 a.m. **Breakfast**
Location: State Ballroom
- 7:00 a.m. – 4:00 p.m. **Exhibit Hall Open**
Location: State Ballroom

IPPS Annual Fall Meeting on Chronic Pelvic Pain

- 7:50 a.m. – 7:55 a.m. **Welcome & Announcements**
Sarah D. Fox, MD
2014 Program Co-Chair
*Women & Infant Hospital
Providence, RI*
- 7:55 a.m. – 8:00 a.m. **Presidential Address**
Frank F. Tu, MD, MPH
*Skokie Hospital
Skokie, IL*
- 8:00 a.m. – 8:50 a.m. **C. Paul Perry Memorial Lecture: Creating Research Networks to Improve Outcomes in Pelvic Pain**
Khalid S. Khan, MMed, MRCOG, MSc, FCPS, MBBS
*Barts and The London School of Medicine and Dentistry
London, UK*
- 8:50 a.m. – 9:30 a.m. **The Role of Combined Hormonal Contraceptives and Vulvodynia: Finally Putting This Controversy to Bed**
Andrew T. Goldstein, MD, IF, FACOG
*The Centers for Vulvovaginal Disorders
Washington, DC*
- 9:30 a.m. – 9:45 a.m. **Q&A**
- 9:45 a.m. – 10:15 a.m. **Break & Poster Viewing Session I**
Location: State Ballroom
- 10:15 a.m. – 10:55 a.m. **Injection Strategies for Chronic Pelvic Pain**
Jennifer Gunter, MD
*Kaiser Medical Center
San Francisco, CA*

*All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.*

- 10:55 a.m. – 11:35 a.m.** **Surgical Mesh: Avoiding and Managing Complications**
Adam Gafni-Kane, MD
*NorthShore University HealthSystem
Skokie, IL*
- 11:35 a.m. – 11:50 a.m.** **Q&A**
- 11:50 a.m. – 1:20 p.m.** **Lunch on Your Own**
- 11:50 a.m. – 1:20 p.m.** **Roundtable Lunch with Experts (Optional Event)**
Location: Monroe Room

Table	Presenter/Moderator(s)	Topic
1	Sarah D. Fox, MD Dustienne L. Miller, CYT, PT, MS, WCS	CAM Therapies for Pain
2	Amy Benjamin, MD Juan Diego Villegas-Echeverri, MD	Endometriosis
3	Jeannette M. Potts, MD Stacey J. Futterman, PT, MPT, WCS	Male Pelvic Pain
4	Charles W. Butrick, MD Hina Sheth, MS, PT, OCS, MTC	Mesh and Complications
5	Colleen M. Fitzgerald, MD, MS Amy Stein, DPT, BCB-PMD, IF	Musculoskeletal
6	Mark Conway, MD Stephanie Prendergast, MPT	Pudendal Nerve Issues
7	Andrew T. Goldstein, MD, IF, FACOG Heather Jeffcoat, DPT	Female Sexual Function and CPP
8	Mario Castellanos, MD Dee Hartmann, PT, DPT	Visceral Pain
9	Andrea J. Rapkin, MD Tracy Sher, MPT, CSCS	Vulvar Pain
10	Bradford W. Fenton, MD, PhD Carolyn Vandyken, PT	Central Sensitization

*All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.*

- 1:20 p.m. – 2:00 p.m.** **The Role of Resilience in Chronic Pain**
Afton L. Hassett, PsyD
*University of Michigan Chronic Pain and Fatigue Research Center
Ann Arbor, MI*
- 2:00 p.m. – 2:35 p.m.** **Sexual Function in the Patient with Chronic Pelvic Pain**
Leah S. Millheiser, MD, FACOG, IF
*Stanford University School of Medicine
Stanford, CA*
- 2:35 p.m. – 3:15 p.m.** **Integrating Central Sensitization into Clinical Practice**
Carolyn Vandyken, PT
*The Centre for Pelvic Health, Lifemark Health
Cambridge, Ontario*
- 3:15 p.m. – 3:30 p.m.** **Q&A**
- 3:30 p.m. – 4:00 p.m.** **Break & Poster Viewing Session I**
Location: State Ballroom
- 4:00 p.m. – 4:25 p.m.** **Journal Club: Endometriosis and Chronic Pelvic Pain: Is It All in Her Head?
Unraveling Central Neural Mechanisms in Endometriosis and Chronic Pelvic Pain**
Sawsan As-Sanie, MD, MPH
*University of Michigan
Ann Arbor, MI*
- 4:25 p.m. – 4:50 p.m.** **Journal Club: Pain Sensitivity and Psychosocial Factors in Female Pelvic Pain:
Clinical Implications for Assessment and Treatment**
Meryl J. Alappattu, PT, DPT, PhD
*University of Florida Department of Physical Therapy
Gainesville, FL*
- 4:50 p.m. – 5:00 p.m.** **Q&A**
- 5:00 p.m. – 6:00 p.m.** **Poster Viewing Session II**
Location: State Ballroom
- 6:00 p.m. – 8:00 p.m.** **2014 IPPS Fundraising Event**
Location: Petterino's Restaurant, 150 N. Dearborn Street, Chicago

*All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.*

Saturday, October 25, 2014

7:00 a.m. – 5:30 p.m. **Registration/Information Desk Open**
Location: Grand Ballroom Foyer

6:15 a.m. – 7:15 a.m. **Yoga for Pelvic Pain**
Location: Water Tower Parlor
Dustienne L. Miller, MSPT
Flourish Physical Therapy
Boston, MA

7:00 a.m. – 8:00 a.m. **Breakfast**
Location: State Ballroom

7:00 a.m. – 4:00 p.m. **Exhibit Hall Open**
Location: State Ballroom

IPPS Annual Fall Meeting on Chronic Pelvic Pain

7:50 a.m. – 8:00 a.m. **Welcome & Announcements**
Sarah D. Fox, MD
2014 Program Co-Chair
Women & Infant Hospital
Providence, RI

8:00 a.m. – 8:50 a.m. **James E. Carter Memorial Lecture: Imagine Your Pelvic Floor as a Twisted Door, How Well Would It Open & Close? New Perspectives from The Integrated Systems Model for Women's Health**
Diane Lee, BSR, FCAMPT, CGIMS
Diane Lee & Associates Consultants in Physiotherapy
South Surrey, British Columbia

8:50 a.m. – 9:35 a.m. **Functional Nausea and Vomiting**
Gene Z. Chiao, MD
NorthShore University HealthSystem
Highland Park, IL

9:35 a.m. – 9:50 a.m. **Q&A**

9:50 a.m. – 10:20 a.m. **Break & Poster Viewing Session II**
Location: State Ballroom

10:20 a.m. – 11:30 a.m. **Opioid Therapy in Chronic Pain Conditions: A Call for Sanity**
R. Norman Harden, MD
Rehabilitation Institute of Chicago
Chicago, IL

Thomas C. Chelimsky, MD
Medical College of Wisconsin
Milwaukee, WI

11:30 a.m. – 11:50 a.m. **Q&A**

*All sessions will be located in the **Grand Ballroom** unless otherwise noted.
Speakers and times are subject to change.*

11:50 a.m. – 1:05 p.m.	Lunch on Your Own
11:50 a.m. – 1:05 p.m.	Committee Fair <i>Location: Monroe Room</i>
1:05 p.m. – 1:50 p.m.	New Developments in the Management of Painful Bladder and Interstitial Cystitis Christopher K. Payne, MD <i>Vista Urology & Pelvic Pain Partners San Jose, CA</i>
1:50 p.m. – 2:25 p.m.	A Non-Urologic Approach to Urologic Pelvic Pain Jeannette M. Potts, MD <i>Vista Urology & Pelvic Pain Partners San Jose, CA</i>
2:25 p.m. – 3:00 p.m.	Altered Brain Motor Control Networks in Men with CPP: A Trans-MAPP Neuroimaging Study Jason J. Kutch, PhD <i>University of Southern California Los Angeles, CA</i>
3:00 p.m. – 3:15 p.m.	Q&A
3:15 p.m. – 3:45 p.m.	Break
3:45 p.m. – 4:00 p.m.	Oral Abstract Session I: The Epidemiology of Chronic Pelvic Pain in Women Abimbola Ayorinde, BSc, MSc <i>University of Aberdeen Institute of Applied Health Sciences Aberdeen, United Kingdom</i>
4:00 p.m. – 4:15 p.m.	Oral Abstract Session II: Differences in the Biometry and the Behavior of the Pelvic Floor Muscles Between Women With and Without Provoked Vestibulodynia Assessed by 3D Transperineal Ultrasound Imaging Stephanie Thibault-Gagnon, BSc, PT <i>Queen's University Kingston, Ontario</i>
4:15 p.m. – 4:30 p.m.	Q&A
4:30 p.m. – 4:45 p.m.	Meeting Awards
4:45 p.m. – 5:00 p.m.	Closing Remarks
5:00 p.m. – 5:30 p.m.	Annual Business Meeting

All Post-Conference Courses will be located in the **Grand Ballroom** unless otherwise noted.
Times are subject to change.

Sunday, October 26, 2014

7:00 a.m. – 3:00 p.m. **Registration/ Information Desk Open**
Location: Grand Ballroom Foyer

7:00 a.m. – 8:00 a.m. **Breakfast**
Location: Grand Ballroom Foyer

IPPS Post-Conference Course New Perspectives from The Integrated Systems Model for Women's Health

Diane Lee, BSR, FCAMPT, CGIMS
Diane Lee & Associates Consultants in Physiotherapy
South Surrey, British Columbia

8:00 a.m. – 9:30 a.m. **Lecture 1: Treating the Whole Person – The Integrated Systems Model for Pain & Disability (Lee & Lee) An Evidence-Based Approach to Optimize Strategies for Function and Performance**

9:30 a.m. – 9:45 a.m. **Discussion**

9:45 a.m. – 10:00 a.m. **Break**

10:00 a.m. – 12:00 p.m. **Lecture 2: New Perspectives from The Integrated Systems Model for Treating Women with Pelvic Girdle Pain, Urinary Incontinence, Pelvic Organ Prolapse**

12:00 p.m. – 12:15 p.m. **Discussion**

12:15 p.m. – 1:00 p.m. **Light Lunch**

1:00 p.m. – 3:00 p.m. **Lecture 3: Split Down the Middle? Diastasis Rectus Abdominis and the Implications for Form & Function of the Trunk After Pregnancy**

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