INTERNATIONAL PELVIC PAIN SOCIETY
18th Annual Scientific Meeting on Chronic Pelvic Pain
Re-Thinking Chronic Pelvic Pain Evaluation and Management
October 21 – 24, 2010 • Chicago, Illinois

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President Richard P. Marvel, MD, welcomes you to the IPPS 18th Annual Scientific Meeting on Chronic Pelvic Pain

PROGRAM CHAIRS
Re-Thinking Chronic Pelvic Pain Evaluation and Management

Course Description
The 18th Annual Scientific Meeting has been designed to provide a thorough overview on the evaluation and management of chronic pelvic pain disorders. The meeting emphasizes the multidisciplinary and collaborative approach to the management of chronic pelvic pain. Presentations will combine research findings and clinical care recommendations important to the care of women and men afflicted by chronic pelvic pain. For providers who need a more broad understanding of pelvic neuroanatomy, physiology and available treatments, additional workshops will provide a more basic overview of the evaluation of chronic pelvic pain.

Needs Statement
It is known that millions of patients suffer with disorders that cause chronic pelvic pain. The social, psychological and financial costs associated with treatments of these disorders are enormous. Yet, less than 10 percent of patients are receiving care from a provider trained in management of chronic pain disorders. Many patients endure being misdiagnosed or receiving inappropriate treatment because of the practitioner’s lack of knowledge on this subject. Unless practitioners and researchers are educated about factors that affect patient care, treatment outcomes and research in chronic pelvic pain disorders, it is likely that patients with chronic pelvic pain will continue to lack appropriate treatment in the future. Furthermore, without exchange of clinical and research information across all disciplines encompassing the treatment of chronic pelvic pain, advances in treatment options for these patients will not be possible.

Course Objectives
Upon completion of the activity, participants should be able to improve patients’ outcomes by being able to:

- Describe the neurobiological and psychosocial factors affecting patients with chronic pelvic pain disorders
- Identify the contributions of the gastrointestinal, urological, musculoskeletal and central nervous systems to the development of chronic pelvic pain
- Evaluate the current status of chronic pelvic pain in the community and when appropriate referral should be made
- Describe available treatment options for disorders of female and male chronic pelvic pain including irritable bowel syndrome, interstitial cystitis, and myofascial pain syndromes
- Identify the necessary steps in the establishment of multidisciplinary pain treatment teams
- Create a referral network for resources specific to the needs of patients with chronic pelvic pain.
- Identify the importance of the changing environment of the healthcare provider/patient relationship
CME Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Oklahoma College of Medicine and the International Pelvic Pain Society. The University of Oklahoma College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this educational activity for a maximum of 14.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Conflict Resolution Statement
The University of Oklahoma College of Medicine, Office of Continuing Medical Education has reviewed this activity’s speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

CE Accreditation Statement
The Illinois Chapter Continuing Education Committee of the Illinois Physical Therapy Association (IPTA) has certified that this course meets the criteria for approval of Continuing Education offerings established by IPTA. The course, An Introduction to Visceral Manipulation, has been accredited for a maximum of four (4) Continuing Education hours. Attendees who reside in a state other than Illinois should inquire with their state board regarding acceptance of Illinois accreditation.

General Disclaimer
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Special Assistance
We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call (847) 517-8712 if you require special assistance to fully participate in the meeting.
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Petranek’s and Keefer’s Pharmacy

Thanks to Our 2010 Educational Grant Providers
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IPPS C. Paul Perry Education Fund
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Jennifer Demora
Sarah Fox, MD (In memoriam of Sheryl Bernstein)
Richard P. Marvel, MD
Anonymous Donor from Beyond Basics Physical Therapy

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18th Annual Scientific Meeting on Chronic Pelvic Pain
October 21 – 24, 2010 • Chicago, Illinois

Faculty Listing

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Program Schedule

Corporate functions may not be held concurrently with official IPPS scientific or social functions. Any function, regardless of size or location, must be approved first by IPPS grants department. Please contact Donna Kelly at (847) 517-8712 if you have any questions.

Thursday, October 21, 2010

Basics Course for General Gynecologists, Nurses and Residents
_all sessions will be located in the Adams Ballroom unless otherwise noted._

**OPENING SESSION**
Moderated by Georgine Lamvu, MD, MPH, FACOG, and Frank Tu, MD, MPH

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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| 11:00 a.m. – 6:00 p.m. | Registration/Information Desk  
          Location: 6th Floor Registration Area |
| 1:00 p.m. – 1:20 p.m.  | Anatomy Overview  
          Bradford Fenton, MD  
          Summa Health System  
          Akron, OH |
| 1:20 p.m. – 1:40 p.m.  | Why and How to Evaluate Chronic Female Pelvic Pain  
          Robert Echenberg, MD  
          Women's Health, Pelvic Pain & Sexual Wellness  
          Bethlehem, PA |
| 1:40 p.m. – 2:00 p.m.  | Visceral Pain – IBS/IC  
          Frank Tu, MD, MPH  
          North Shore University Health System  
          Evanston, IL |
| 2:00 p.m. – 2:20 p.m.  | Break |
| 2:20 p.m. – 2:40 p.m.  | Vulvar Pain  
          Howard T. Sharp, MD, FACOG  
          University of Utah School of Medicine  
          Salt Lake City, UT |
Thursday, October 21, 2010

2:40 p.m. – 3:00 p.m.  Nursing and Office Management  
Georgine Lamvu, MD, MPH, FACOG  
Florida Hospital, Orlando  
Orlando, FL

3:00 p.m. – 3:20 p.m.  Surgical Management  
Michael Hibner, MD, PhD  
St. Joseph’s Hospital & Medical Center  
Phoenix, AZ

3:20 p.m. – 3:40 p.m.  Break

3:40 p.m. – 4:00 p.m.  Medical and Complementary Management of Chronic Pelvic Pain  
Sarah Fox, MD  
Women & Infants Hospital of Rhode Island  
Providence, RI

4:00 p.m. – 4:20 p.m.  Endometriosis  
Sawsan As-Sanie, MD, MPH  
University of Michigan  
Ann Arbor, MI

4:20 p.m. – 4:40 p.m.  Musculoskeletal Disorders and the Role of Manual Medicine  
Colleen Fitzgerald, MD  
Rehabilitation Institute of Chicago  
Chicago, IL

6:00 p.m. – 9:00 p.m.  IPPS Board of Directors Dinner & Meeting  
Location: Price Room

Friday, October 22, 2010

Re-Thinking Chronic Pelvic Pain Evaluation and Management  
All sessions will be located in the Adams Ballroom unless otherwise noted.

OPENING SESSION

7:00 a.m. – 4:00 p.m.  Exhibit Hours  
Location: Monroe Ballroom

7:00 a.m. – 5:00 p.m.  Registration/Information Desk  
Location: 6th Floor Registration Area
Friday, October 22, 2010

7:00 a.m. – 7:50 a.m. Breakfast in Exhibit Hall
Location: Monroe Ballroom

7:50 a.m. – 8:00 a.m. Welcome and Announcements
Georgine Lamvu, MD, MPH, FACOG
Frank Tu, MD, MPH
Program Chairs

I. RETHINKING HOW TO TREAT PELVIC PAIN BY TARGETING THE CENTRAL NERVOUS SYSTEM

8:00 a.m. – 8:10 a.m. Presidential Address
Richard P. Marvel, MD
The Center for Pelvic Pain at GBMC
Baltimore, MD

8:10 a.m. – 9:05 a.m. James E. Carter Memorial Lecture: A Proposal for Central Modulatory Contributions to Persistent Bladder Pain
Moderator: Richard P. Marvel, MD
Speaker: Peggy Mason, PhD
University of Chicago
Chicago, IL

9:05 a.m. – 10:00 a.m. Chronic Pelvic Pain: Early-Life Residues and a Path of Redemption
Moderator: Frank Tu, MD, MPH
Speaker: Elie D. Al-Chaer, MS, PhD, JD
University of Arkansas for Medical Sciences; Center for Pain Research
Little Rock, AR

10:00 a.m. – 10:45 a.m. Break in Exhibit Hall/Poster Viewing
Location: Monroe Ballroom

II. ALTERNATIVE CONSIDERATIONS IN PAIN MANAGEMENT

10:45 a.m. – 11:40 a.m. Hypnosis for IBS
Moderator: Georgine Lamvu, MD, MPH, FACOG
Speaker: Laurie Keefer, PhD
Northwestern University
Evanston, IL
Friday, October 22, 2010

III. WHAT WOMEN'S HEALTH PRACTITIONERS NEED TO KNOW ABOUT THE OTHER PELVIC STRUCTURES  
Moderated by Sawsan As-Sanie, MD, MPH

11:40 a.m. – 12:35 p.m.  
**Male Pelvic Pain**  
J. Quentin Clemens, MD  
University of Michigan Medical Center  
Ann Arbor, MI

12:35 p.m. – 12:50 p.m.  
Pick Up Boxed Lunch in Foyer

12:50 p.m. – 2:05 p.m.  
**Industry Sponsored Lunch***  
Funding Provided by Abbott  
Endometriosis: Prevalence, Diagnosis, Treatment Options and Counseling  
*Location: Adams Ballroom*  
Speaker: Fred M. Howard, MD, MS, FACOG  
University of Rochester School of Medicine & Dentistry  
Rochester, NY  
*You will need to leave the room to sign in and get your boxed lunch

IV. ENDOMETRIOSIS AND HORMONALLY SENSITIVE PAIN CONDITIONS: THE THINKING CLINICIAN’S GUIDE TO HORMONAL MANIPULATIONS – Part 1  
Moderated by Sawsan As-Sanie, MD, MPH

2:05 p.m. – 3:00 p.m.  
**How Endometrial Biology Influences Pelvic Pain**  
Dan Lebovic, MD, MA  
University of Wisconsin  
Madison, WI

V. ONGOING RESEARCH INTO PELVIC PAIN UPDATE  
Moderated by Fred Howard, MD, MS, FACOG

3:00 p.m. – 3:45 p.m.  
**NIH Multidisciplinary Approach to Pelvic Pain (MAPP) Update 1**  
David Klumpp, PhD  
Northwestern University; Feinberg School of Medicine, Dept. of Urology  
Chicago, IL

3:45 p.m. – 4:00 p.m.  
**Break in Exhibit Hall/Poster Viewing**  
*Location: Monroe Ballroom*
Weekend Events

Friday, October 22, 2010

4:00 p.m. – 4:45 p.m. NIH Multidisciplinary Approach to Pelvic Pain (MAPP) Update 2
A. Vania Apkarian, PhD
Northwestern University; Feinberg School of Medicine, Dept. of
Anesthesiology
Chicago, IL

4:45 p.m. – 5:00 p.m. Q&A

6:00 p.m. – 7:30 p.m. Welcome Reception in Exhibit Hall

Saturday, October 23, 2010

Re-Thinking Chronic Pelvic Pain Evaluation and Management
All sessions will be located in the Adams Ballroom unless otherwise noted.

OPENING SESSION

7:00 a.m. – 1:45 p.m. Exhibit Hours
Location: Monroe Ballroom

7:00 a.m. – 4:30 p.m. Registration/Information Desk
Location: 6th Floor Registration Area

7:00 a.m. – 7:50 a.m. Continental Breakfast in Exhibit Hall
Location: Monroe Ballroom

7:50 a.m. – 8:00 a.m. Welcome and Announcements
Georgine Lamvu, MD, MPH, FACOG
Frank Tu, MD, MPH
Program Chairs

VI. NEUROMUSCULOSKELETAL MANIPULATION IN PELVIC PAIN THERAPY – Part 1
Moderated by Richard P. Marvel, MD

8:00 a.m. – 8:55 a.m. C. Paul Perry Memorial Lecture: Peripheral Nerve Decompression in the Management of Groin Pain
A. Lee Dellon, MD, PhD
Johns Hopkins University
Baltimore, MD
VII. ENDOMETRIOSIS AND HORMONALLY SENSITIVE PAIN CONDITIONS: THE THINKING CLINICIAN'S GUIDE TO HORMONAL MANIPULATIONS – Part 2
Moderated by Frank Tu, MD, MPH

8:55 a.m. – 9:50 a.m.  How Sex Hormones Influence Pain Sensitivity/Experience
Margaret M. Heitkemper, RN, PhD, FAAN
University of Washington
Seattle, WA

9:50 a.m. – 10:35 a.m.  Break in Exhibit Hall
Location: Monroe Ballroom

VIII. NEUROMUSCULOSKELETAL MANIPULATION IN PELVIC PAIN THERAPY – Part 2
Moderated by Susan Parker, PT

10:35 a.m. – 11:05 a.m.  Defining Connective Tissue Dysfunction and Neural Dynamics in Myofascial Pelvic Pain
Stephanie Prendergast, MPT
Pelvic Health and Rehabilitation Center
San Francisco, CA

11:05 a.m. – 11:35 a.m.  Treatment of Trigger Points in PBS – A NIDDK-Funded Study
Rhonda K. Kotarinos, PT, MS
Rhonda Kotarinos Physical Therapy, LTD
Oakbrook Terrace, IL

IX. WHAT WOMEN’S HEALTH PRACTITIONERS NEED TO KNOW ABOUT THE OTHER PELVIC STRUCTURES – Part 2
Moderated by Susan Parker, PT

11:35 a.m. – 12:05 p.m.  The Relationship between Hip Disorders and Pelvic Pain
Stacey Futterman, MPT
Beyond Basics Physical Therapy
New York, NY
Deborah Coady, MD
Soho Obstetrics & Gynecology, PC
New York, NY
Saturday, October 23, 2010

12:05 p.m. – 12:15 p.m.      Q&A

12:15 p.m. – 1:45 p.m.      Lunch & Poster Viewing in Exhibit Hall
   Location: Monroe Ballroom and Water Tower Parlor

1:45 p.m. – 2:40 p.m.      Neuromodulation Techniques and IC/IBS
   Moderator:  Maurice K. Chung, RPh, MD, FACOG, ACGE
   Speaker:    Charles W. Butrick, MD
               Urogynecology Center LLC
               Overland Park, KS

2:40 p.m. – 3:00 p.m.      Break
   Location: Monroe Ballroom

3:00 p.m. – 3:20 p.m.      Meeting Awards
   Location: Adams Ballroom

3:20 p.m. – 3:40 p.m.      Closing Remarks

3:40 p.m. – 4:15 p.m.      Annual Business Meeting
   Location: Adams Ballroom

Sunday, October 24, 2010

IPPS Physical Therapy Workshop
An Introduction to Visceral Manipulation
Location: Rehabilitation Institute of Chicago
   345 E. Superior Street
   Chicago, IL 60611

Program Chairs:    Georgine Lamvu, MD, MPH, FACOG
                   Florida Hospital Orlando
                   Frank Tu, MD, MPH
                   North Shore University Health System

Program Co-Chair:  Stephanie Prendergast, MPT
                   Pelvic Health and Rehabilitation Center
                   San Francisco, CA

*Special Thanks to RIC’s Colleen Fitzgerald, MD, and Suzanne Badillo, PT, WCS, for their much-appreciated help in the coordination of this course and the use of their facilities.
Workshop Description
An informative and practical lecture presented by Dee Hartmann, DPT, on anatomy, physiology, and principals of visceral manipulation and its use in patients with chronic pelvic pain.

7:30 a.m. – 8:00 a.m.    Registration / Refreshments
8:00 a.m. – 8:10 a.m.  Welcome and Announcements
8:10 a.m. – 10:00 a.m. An Introduction to Visceral Manipulation – Part 1
10:00 a.m. – 10:15 a.m. Break
10:15 a.m. – 12:00 p.m. An Introduction to Visceral Manipulation – Part 2

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