

Preliminary Program: 6th Annual WCAPP Meeting / IPPS Annual Meeting
Cartagena, Colombia / October 16-19, 2024



*6th World Congress on
Abdomino-Pelvic Pain*

Cartagena, Colombia

October 16-19, 2024

Learn and Fun in the Sun



Wednesday, October 16th 2024

Concurrent Sessions: 7:00 AM – 6:30 PM

- 1. The Clinical Foundations Course for Chronic Pelvic Pain:** This course lays the groundwork for understanding the five main systems involved in chronic pelvic pain: 1) gynecology, 2) urology, 3) gastroenterology, 4) neuromusculoskeletal, and 5) psychoneuroimmunology, otherwise known as the mind-body connection. The following topics will be covered by leading experts in the field of Chronic Pelvic Pain:
 - Persistent Pelvic Pain 101
 - Pain Pathophysiology Unraveled
 - History Taking Simplified
 - Physical Exam
 - Psychological Assessment
 - Gynecology – Dysmenorrhea, Endometriosis, PCOS
 - Urology
 - Gastrointestinal
 - Neuralgias
 - Sexual Pain
 - Frontiers in Pelvic Pain
- 2. Clinical Symposia:** IPPS will accept submitted clinical symposia applications and the leading 4-5 symposia will run concurrently with the Fundamentals Course. The target audience will be intermediate and advanced clinical professionals across disciplines.

Thursday, October 17th 2024

6:00 AM – Morning Yoga

7:00 AM – Breakfast and Registration

7:30 - 7:40 AM – Welcome

7:40 AM - 8:00 AM – IPPS Presidential Address

8:00 AM - 8:45 AM – IPPS James Carter Lecture

8:45 AM – 9:00 AM – Q&A

Break

9:30 AM – 11:00 AM – Scientific Session 1

Perioperative Pain Management for the Patient with Persistent Pelvic Pain

11:00 AM – 11:30 AM – Exhibits and Abstract Viewing/Break

11:30 AM – 12:00 PM – Abstract Presentation

12:00 PM – 12:30 PM – International Ambassador Presentation

Lunch/Committee Meetings with Box Lunch

1:30 PM – 3:00 PM – Scientific Session 2

Neurological/Pain Mechanisms

Exhibits and Abstract Viewing/Break

3:15 PM – 4:45 PM – Opening Ceremony/IPPS Paul Perry Lecture

7:00 PM – Opening Reception and Cocktails

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Friday, October 18th 2024

6:00 AM – Morning Yoga

7:00 AM – Breakfast and Registration

7:30 AM -7:40 AM – Welcome

7:40 AM – 8:40 AM – Convergences PP Keynote Address / Q&A and Discussion
Indications of Botulinum Toxin Injections in Chronic Pelvic Pain and Endometriosis

8:40 AM – 10:10 AM – Scientific Session 3

Endometriosis

Exhibits and Abstract Viewing/Break

10:30 AM – 11:00 AM – Abstract Presentation

11:00 AM – 11:30 AM – International Ambassador Presentation

Lunch/Roundtables with the Experts

12:40 PM – 1:50 PM – IASP Keynote Address / Q&A and Discussion

1:50 PM - 3:15 PM – Scientific Session 4

Musculoskeletal Considerations Speakers

3:30 PM – 4:45 PM - Scientific Session 5

Interactive/Educational Activity

4:45 PM – 5:15 PM – IPPS Business Meeting of Members

7:30 PM – Fundraiser Event

Saturday, October 19th 2024

Concurrent Sessions: 7:00 AM – 12:30 PM

1. **Treating the Whole Person: A Masterclass on Health Psychology Interventions for Chronic Pelvic Pain:** This educational and experiential course includes a comprehensive overview of chronic pelvic and sexual pain anatomy, physiology, and its connection with brain health and associated mental health symptoms and diagnoses. Formal and informal assessments, behavioral strategies, therapeutic interventions, and how to work with a “stuck” client” will all be reviewed. The course will conclude with demonstrations and open discussion. If your work includes clients with chronic pain, chronic illness, anxiety and obsessive-compulsive disorders, depression, and/or sexual dysfunction, this course will offer insight into how it’s all connected, and participants will leave feeling a confident renewal in assessment and treatment approaches.
2. **Physical Therapy Master Course:** More information will be available soon.